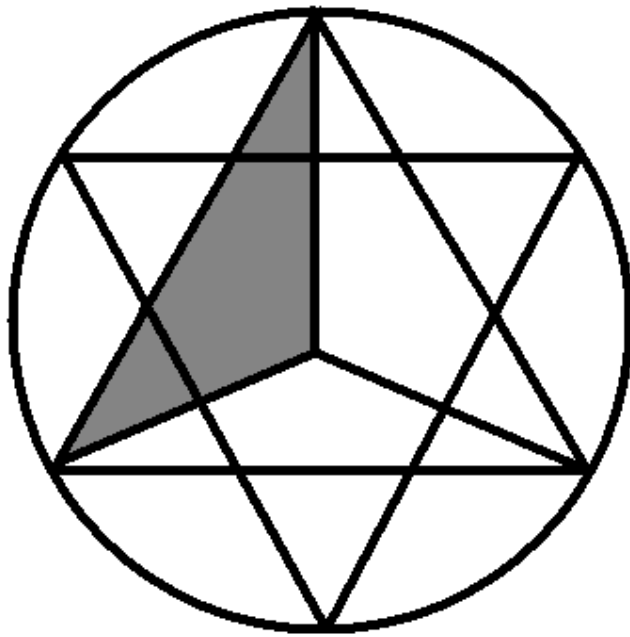


# ENERGY THERAPIES



Vibrational Expansion Technique®  
Module 6  
Symbols

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# Symbols

Essentially symbols are gateways or shortcuts to subconscious understandings, over time many people have experienced dreams that are full of symbols and interestingly often these symbols are the same throughout different cultures and times.

Symbology is a study in itself and here we are only looking at a very few symbols specifically aimed at assisting in life changes on a personal level.

Symbols trigger something deep within us and often we experience change and enlightenment without a full knowledge of how we attained this knowledge.

At all times you must understand that specifically using symbols will have a deep and far reaching effect on your life, there is usually some sort of change that accompanies an intentioned use of a symbol, and if used it is important to allow the changes, many of which may have physiological repercussions. In other words you may get sick or feel out of sorts for a time after using life changing symbols and just as important your attitudes and feelings will also change. Using a symbol encourages expansions and how you personally are affected depends on what the purpose was in the use of the symbol and where it was used. Some symbols are best used on self while others can happily be used and shared with others. You can use symbols as a couple to travel together on a particular journey. Always remember that the repercussions can be challenging though ultimately there will always be benefit when used properly.

Symbols have always been used in one way or another through many centuries of man being able to write and communicate ideas, and general or specialized information. Some of these ancient and more modern symbols relate simply to language, subtle references have determined that language has become more complex the simple symbology of language required greater agility for ease of use.

Some of those language symbols have become meaningful in other ways, just as a word carries energy of its meaning. Where meaning originally being description of something by grouping hieroglyphs or letters into a pattern. The meaning carries the energy not what we understand that meaning to be as an individual.

Frequencies of energy can be grouped into cohesive patterns also, to represent or describe a particular intention. Where you are trying to achieve a sequential flow of specific energy patterns for a reason you would transpose symbols or use a group of symbols one after the other. This is like writing a sentence, the meaning becomes more specific and wider reaching at the same time for two reasons.

Some may experience illness and or discomfort for a time after using life changing symbols and just as important your attitudes and feelings will also change.

When using symbols always be kind to yourself and let go of those things that at any time you may be required to release in order to move on, once you have initiated a symbol there is no way to turn it off so to speak so the changes must run their course.

This being the case please note that any unwillingness on your part after initiating a symbol will only prolong the experience of transition so GO WITH THE FLOW.

Having said all of that the benefits are enormous.

1. Each symbol is already a grouping of specific frequencies to meet a particular requirement. The Cho Ku Rei, for example is to empower on some level. When placed behind another symbol it empowers that symbol.
2. The combination of frequencies becomes more sophisticated, where you may use a Sei He Ki and then a Ta Ma Ra Sha you are seeding balance in the release. Not just balance, not just release.

When you use a large grouping of symbols you can choose to do so in a variety of ways. In attunements the symbols are used in specific areas so although you are using a number of them they are not being transposed over each other. Some of the symbols are to expand, some are to open and some simply getting the energetic conversation flowing. The Dai Ko Myo as a master symbol is used to order the rest and assist the journey to mastery as a master symbol it will be provided at a later stage of the course.

All symbols represent some level of intention, whether that is to enhance or empower, or to compliment and counterbalance. There is truly no such thing as energy therapy without intention, what we are always aiming for is a creative intention. Using symbols is not strictly necessary for an alignment, attunement or any session. It is however a convenient and quick way to gain access on a conscious level to particular frequency groupings that you may not yet be using or accessing for yourself. More importantly that your client may not have access to.

There are many symbols some are not suitable to use on another person so specifically have benefit in self-development. Remember that once set in motion they cannot be halted, ensure your client is aware of potential effects on the body as well as the emotions etc.

You can align with all the symbols and use personally to see the effects, most practitioners find a few they really resonate with and like to use, be aware too of your clients' needs when aligned properly you will find that in session one of the symbols may just come to you, this tells you what you need to apply and is a request by your client albeit sub conscious.

**The standardized Seichim & Reiki symbols**

**cho ku ret**



Animate an inanimate object - awaken an inanimate object to the energy, this enables you to effectively place energy into an object for someone to hold or wear. The environment i.e. a house or vehicle. Once animated the object can hold the energy so it can be used directly. The object can have an influence on the type of energy available to be used or alter the frequency involved.

Use anytime in particular of value for those who have trouble sustaining energy, plans, etc. to my knowledge you must hold the object to animate.

Awesome when used for a child, their toy, pillow, crib etc or someone with complete bed rest

**align higher, lower and god selves**



Align the higher self, the lower self and the god self of a person, object or situation, for balance, clarity, healing. This is a great symbol to access your inner knowing and your higher aspirations. Use on yourself or others not usually used on specific chakras but more as a holistic tool.

Use when: a person is having trouble seeing their purpose in life, finds it difficult to see the point in things, suffering depression or needs to realize their own potential

## Eeftchay



Endless inner sight: to open the third eye so that one can see inward to the truth of one's self, also useful for psychic practices. It is important to note that the intuitive aspect of this symbol is secondary to the insight of the person. This is a true symbol of awareness and as such is a double edge sword as with self-awareness comes the truth of who we are right now and who we have been in the past. This is not always comfortable so could lead to a challenging time.

Use when a person cannot see the truth in their situation does not accept responsibility or is blaming others for where they are in life. Spiritually use when one is ready to look inside to create a better future

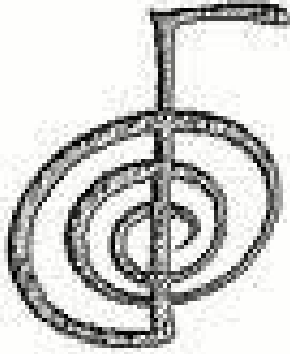
## cho ku rei



This is a symbol to empower an intention, energy flow, or an individual: Enhances the power of the universe. Focuses universal energy on a particular space, or place, in the present or in the future.

Use on any area of the body or chakra, can be used into any situation or environment where you want an increase in something. Used also to open or expand

Not recommended in situations or clients dominated by angry or overly stimulated energies



The two directions of the cho ku rei are offered by Reiki and Seichim, if you overlay you will find you get the perfect chakra formation.

It is accepted that the reiki symbol is mauve and the seichim one is electric blue. You can use either or and any colour to empower the colour frequency in the use of the symbol

Cho Ku Rei can be used to the power of 3, 7, & 9 ; when increased by this ratio the symbol increases and deepens rather beginning to look somewhat like a tunnel.

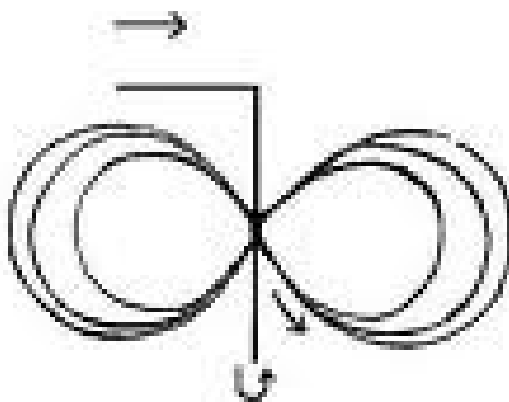
## Raising to a power

We have already looked at raising to the power 2. For example,  $5^2 = 5 \times 5 = 25$ . We call this 5 to the power 2 or 5 squared. We call it 5 squared because it the area of a square the side of which is 5 units long.

We can raise to other powers. For example,  $5^3 = 5 \times 5 \times 5 = 125$ . We call this 5 to the power 3 or 5 cubed. We call it 5 cubed because it the volume of a cube the side of which is 5 units long.

In the same way,  $5^4 = 5 \times 5 \times 5 \times 5 = 625$ . We call this 5 to the power 4 or 5 to the fourth. It has no geometrical name.

## Ta Ku Rei



A symbol of power and enhancement the inclusion of the infinity pattern creates an expansion to the infinite finishing at the heart Chakra, useful for bending of time and bringing a sense of rightness everything in its right place and space.

This symbol is reflective of grounding energy that you place beyond yourself.

Use at the heart chakra, for those who think time is against them, who feel out of sync, or cannot sustain an action for a period of time

Use to the power of 3,7 or 9

## Mai Yur Ma



Gateway to the soul via the heart chakra: creating an expansion in all aspects of unconditional love, compassion, opening the heart to others. Increasing the capacity of an individual to share themselves from an inner level

Use on the heart chakra only, can be used to the power of 3, 7 and 9

Used when an individual is compromised in the area of love may experience difficulty having appropriate love relationships, or releasing hurt from the past, where there is resentment or blame

## Se He Kei



You can't go past this one for releases, clearing barriers to expression on any level and can be used to calm another person or yourself increases the flow of energy without increasing pressure

Use where the client is having difficulty expressing Him/Herself, a directed SEI HE KI will very quickly do the trick. Is particularly helpful when there is a lack of awareness of the issue, or the client doesn't know what is wrong.

Reprogramming of the physical, mental and emotional patterns found within the cellular memory

Use on any chakra, whole system and into any environment or situation

## Hon Sha Ze Sho Nen



For absent sessions and healing on any level really where you are not present: including, past and future lives or situations.

Use where a hurt in a relationship or situation cannot be released in the present. Goes to the essence of things that may be causing problems, targeting the root cause. Right on target,

Can be used in any or all chakras, for distant healing you would say the name of the individual 3 x or envision them, then release the symbol to them. At this point you would follow it with any symbols that are appropriate including the Hon Sha Ze Sho Nen for the healing aspect of getting to the core of the issue.

There are profound effects when used directly into a chakra, be aware of this when using with clients in person.

## Ta Ma Ra Sha



This is the symbol of divine balance things do not need to be obviously connected to maintain the balance

In Reiki it is shown the same with all the lines connected.

Use on any chakra or body area to bring into balance with other aspects. In situations or environments where there are disparate aspects that don't quite sync. Take note you cannot force someone else into alignment so if they cannot resonate with the environment they may leave it.

If you need to balance colours in the aura and are not sure what to do use this symbol with the intention in mind



## Raku



To awaken: This is clearly representative of a lightning bolt.

Use to wake up, to activate, discharge energy that may be latent or stored through fear or lack of confidence.

Use on any chakra. This has quite a sudden repercussion so be sure to warn your client they may have effects due to use bearing in mind where and why you used it.

It is not recommended to use into an environment or situation

## Angel Wings



To recognize and meet ones potential

Use anywhere any time. Great when a person has low self-worth, or doesn't see the potential in situations and relationships.

## Chakra Symbols

### Sanskrit Origins

The Chakras are the energy center or node in the human body, they were first discovered when practicing spiritual beliefs and practices. The word comes from the Sanskrit "cakra" meaning "wheel, circle", and it is sometimes referred to the "wheel of life".

This is not just the origin of the word but the beginning of most of our current understandings of chakras today. It is with full respect that for self-development and balancing of the chakras that I included the Sanskrit Symbology. This is to be used for yourself as I have presented it here, but you can also use the symbols themselves to assist others. Pranic healers use these symbols for this purpose, Prana means flow.

The chakras were likened to the lotus, the simplest configuration being the base chakra, getting more complex and more petals as you move up through the chakras.



Base chakra

Tone

LAM (Lum) - for the earth chakra

SECOND CHAKRA: SVADHISTHANA



Sacral Chakra

tone

VAM (Vum) - for the water chakra

THIRD CHAKRA: MANIPURA



Solar Plexus

Tone

RAM (Rum) - for the fire chakra

FOURTH CHAKRA: ANAHATA



Heart Chakra

Tone

YAM (Yum) - for the heart chakra

FIFTH CHAKRA: VISHUDDHA



Throat Chakra

Tone

HAM (Hum) - for the throat chakra

SIXTH CHAKRA: AJNA

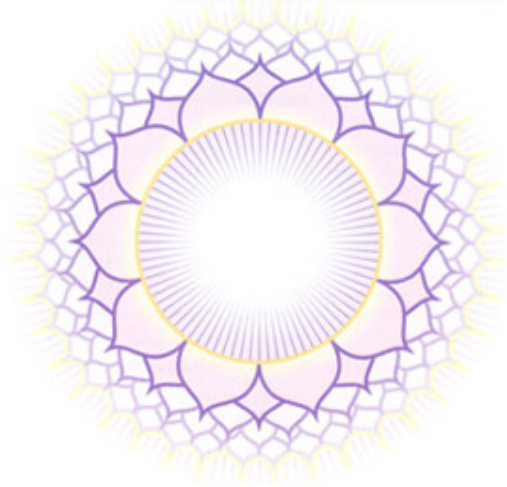


Third Eye Chakra

Tone

Sham (Shum) - for the third eye

SEVENTH CHAKRA: SAHASRARA

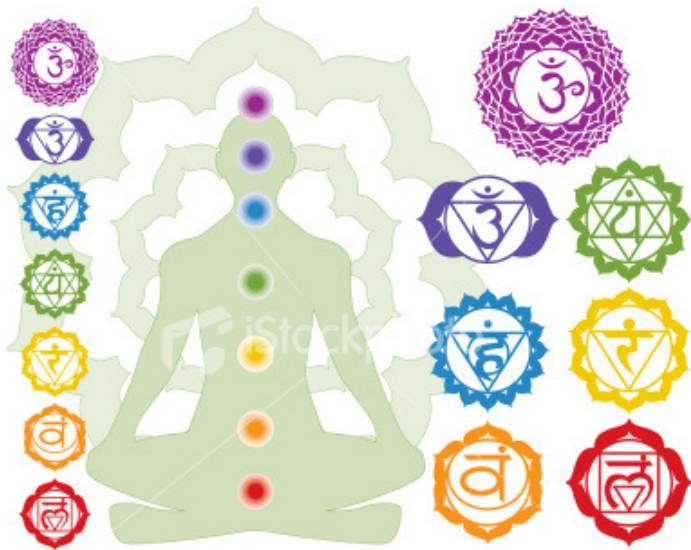


Crown Chakra

Tone

OM - for the crown chakra

To use for a client you would simply learn the 7 symbols, place them into your hands and or your own chakras to align with the frequencies. Drawing the symbols helps you to align drawing them into your own palm ensures their availability for use.



Reiki is of Japanese origin and many of the words depicted are used as symbols here are some you may like to work with. These can be used into the chakras or signed in the air for a situation

真

Truth

Use where a person needs to see the truth in a situation or is seeking the truth

時

Time

Use when a person is impatient or has an unrealistic time expectation. Where they think they never have enough time

真愛  
日月  
命

True Love

Use where a person has difficulty loving with an open heart

Sun Moon Cycle

Use when a person doesn't understand that all things have a cycle. And the cycle requires a process to make gains

Life

Use to encourage an appreciation of life where a person is ungrateful or belittles their experience

Master Symbol

Use to encourage mastery in any situation, used through any chakra where a person has gained knowledge and needs to master or understand what they learned

大師

**These Beautiful symbols were bought through by Debbie Z**

<http://www.languageofzibu.com>

**Angelic Symbols**



***Acceptance of Optimal Health***

Breathe in and out accepting life and love

Breathe life into your body and envision it as the healthy temple it is intended to be. See yourself as a thriving being.

**Debbie Z**



***Choose Life***

This symbol comes with enormous power to eradicate joy-less living. It brings with it a real knowing of the importance of embracing life fully.

**Debbie Z**




***Creativity***

As you embrace the symbol for Creativity, know you are a conduit for Divine Expression.

Surrender preconceived ideas and allow something even more grand to emerge.

**Debbie Z**



	<p><b>Violet Flame</b></p> <p>I invoke the Violet Flame of Archangel Gabriel to transmute and bring wholeness to this divine being</p>
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The Violet Flame transforms energies allowing your higher I AM self to burn off the karmic ties that bind you and stop your progress both spiritually and materially.

You use voice to call upon the Violet Flame when you want to invite it into psychological problems that go back to your early childhood hurts or even your past lives. You can use it for problems in relationships, emotions, and family or to heal any area of your body where there are health issues. If you believe in its power - it can help you relieve stress, depression and anger. You will find as conditions are cleared you will more easily be able to express love, forgiveness and attract good to you - prosperity, healing and peace of mind. It is also grounding and helps create balance within. It must not be used as a substitute for professional help with clinical depression or in other psychological disorders

The purpose of the Violet Flame is to transform negative energy into positive energy. It is the most physical of all the spiritual flames. When we invoke it change happens on every level of our being. It expels toxins lodged in our physical organs and it changes the karmas and traumas of our present and past lives. It is a miracle flame because it dissolves the weight and burden of Karma by consuming the cause of our physical problems.

The Flame is a tool to help you release karma, phase frequency and conscious awareness and to activate your spiritual DNA. It is a key ingredient in ascension and spiritual growth and it cleanses your Aura. You may see and/or sense heat from the Violet Flame when it is invoked correctly.

The Violet Flame is the essence of one of the "seven rays". Imagine the appearance of the rainbow and it's 7 colours. Spiritual light manifests in a similar way as 7 rays. Each ray has a specific colour, frequency and quality of God's consciousness. The Violet ray is known as the 7th ray (or the Chakra of freedom). When you call upon it in the name of God, it descends as a beam of spiritual energy that comes straight into your heart and your whole being fills with qualities of mercy, justice, forgiveness, freedom, compassion and transmutation.

Saint Germain

**Egyptian origins** ( remembering that the Seichim Energies are of Egypt)

**Healing Triangle**



The healing pyramid has been used in many ways it represents safe transitions from one state to another

Contained energy and healing of self as depicted by the chakra representation. There are a number of variations one where you place a small chakra rep in each corner and what you want to heal in the middle

Use to heal self, your self,

**Ankh**



Known as the key of life it is a great symbol, representing the unlocking of secrets

Seen as ones journey through life it encourages one to uncover the secrets behind the creations that become the life you live

Use on self or those who feel stuck in their journey



- This is one of several signs used to symbolize the art of esoteric alchemy. The sun sign is at the centre surrounded by the two elemental triangles crowned with the Christian cross, all placed inside a circle representing the eternal or spiritual dimension and its endless possibilities.

This is a symbol of change allowing an alteration within your cellular structure, the body is connected to the mind and the mind CAN be accessed through the body as in Kinesiology.

A most effective way to use this symbol is to draw it on the back of your hand in purple or blood red. And leave it there for at least a week gently rubbing it regularly.

### **To Change**



This symbol I bought through. It creates change where change is required. This is not a symbol to use lightly as the consequences are never what you might expect

Use where there is stagnation, where attitudes or stubbornness reign, where you want rapid movement into a new direction or belief.

You can use this symbol on another. Any chakra and is most effective used in each chakra or body area rather than the whole system.

This is not a healing symbol in itself it simply brings around massive and rapid change

The assignment for module 6

1. 4x energy therapies using the symbols and explaining in your case study what you used where and why.
2. A colour aura diagnosis ( the above information can be contained here) for each case
3. And detailed information on what solutions you offered your clients

Please note, it is a requirement to bring the subtle energy field information into a coherent diagnosis for the body and mind



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